



Volume XXVIII

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Sailing Singles of South Florida HTTP://SAILINGSINGLES.ORG PO Box 4532, Ft. Lauderdale, FL 33338

General Meeting Change of Command
7 Jan 16 Jan

Board Meeting 25 Jan

From the Helm - Lynette Beal - Commodore

Happy New Year to SSSF Members!! Our Organization is completing 27 years as a fantastic sailing, boating, and social club for single individuals in our community. We do need to start thinking about what we will plan for our 30th Anniversary!!

You have a very experienced Board of Director's for 2016. Three past Commodore's will be participating on the Board and many other Board members have been on the SSSF Board over the past several years. As your Commodore my plan is to make 2016 the Best Year Ever!! We will have great land and sea activities. I promise I will do my best to make sure you have fun, remain safe and have opportunities to get out on the water. Hope to see you at our SSSF New Year's party at the Sprenger's home to start 2016 with a Rock-in' Evening!!



Our Board is committed to improving our Sailing Education Programs at General Meetings with speakers, relevant videos, and excellent Sailing Orientation Sessions (SOS's) twice yearly. This is one of the strengths of SSSF that members have the opportunity to learn and improve their sailing skills.

Last year the SSSF By-Laws were rewritten and changed in some areas and approved by the General Membership. Our 2015 Board was operating under these By-laws and has already identified areas that need correction or clarification which we, the 2016 Board, will undertake to improve procedures. One example is The Election Time-line procedures that need to be strengthened in the By-Laws. Another change is the Boat Owner's Representative is now an elected position which is great. The Newsletter Director and Internet Producer/Webmaster are now appointed positions. I am officially appointing Captain Dick Linehan as the Newsletter Director on the 2016 SSSF Board of Director's. I am also appointing Max Goldstein as the SSSF Webmaster on the 2016 SSSF Board of Director's. Please join me in congratulating these talented individuals. Max will be working on the new Wild Apricot SSSF site.

The SSSF Change of Command will be held January 16, 2016 at Lighthouse Point Yacht Club, 2701 NE 42nd Street, Lighthouse Point, FI 33064. Cocktails and Hors D'Oeuvres will be served at 6:00pm on the Veranda, a beautiful setting outside on the water.

The Change of Command is scheduled at 7:00pm. This is a ceremony of importance to the SSSF Club. The outgoing Board of Directors is thanked for their volunteer service to SSSF for the past year and the new Board of Directors is officially welcomed for the 2016 year! Responses for the COC are due back by 1/7/16. SSSF Members Cost is \$40. The Guests are charged \$65. We hope to see all of our SSSF Members support the COC and celebrate with the Outgoing and new 2016 SSSF Board of Directors!!

2016 Board of Directors Goals

Treasurer

As treasurer, I'm not planning anything exciting. I envision consistent, boring, accurate, collection of money, payment of bills and reporting those amounts to the board and interested membership.

- Jane Haughian

Boat Owner's Representative

As Boat Owners Representative, I will be interested in having every boat owner complete an inventory safety sheet, I will be making up. It will have thinks like expiration date on your flares and smoke flares. Date on the bottom of your fire extinguishers. What electronics do you have on board and are they working or need repair. Safety has to be on all Captains and Owners all the time.

And plan some fun overnight events that everyone can join in on too. - Capt. Kelly

Mainsheet Editor

I want to produce a professional newsletter that has articles about our club's activities and sailing that if of high interest to our members. – Dick Linehan

Social Director

Here are the social events I have planned for next year. Definite dates will be provided once I have the dates for other events.

The COC is in January so there will not be another party this month. The tentative schedule has a house party (TBD) at the end of February; April – a picnic at Birch State Park; July 4th party at Bob Horin's house; October will be a haunted house Halloween party; and Dec 2 (tentative) holiday party at Galuppi's.

Intermixed with the house parties I will be working with the Sailing Director to host joint sailing/social major events on the water. — Debi Hallmark

Sailing Director

Thanks to all who put their confidence in me. We'll have a fun year. First, you don't have to wait for me to set up an organized sail to get the boats off the dock. Captains just let me know before you go and who you're taking. There are a lot of crew members old and new wishing to get our on the water so give me an opportunity to suggest a member or two to serve as crew.

The first organized sail will be the first weekend of February....Chinese New Year the year of the Monkey!! We will have some fun with it...More info to come...BTW, if you were born in '44 or '56 it's not a good year for you. Maybe St. Patty's Day weekend, Beer Can Race and Raft up in April, Flag Day in June, In August maybe a game to be determined, a Turkey Trot in November; then Back to the Winterfest.

I am planning to work closely with Captains Debi Hallmark and Kelly Dobbs to combine land and sea adventures and extended weekends. I am open to suggestions and .. Help.

I'll send out Crew Sheets to the Captains and I'll make up a list of those members wishing to crew. Crew members, talk with the captains. Get to know them and get their boats out on the water. - Stan DeKiel

Internet/Media Producer

My goal for the next year is to increase our on-line presence as much as possible. Also I will maintain our Facebook and Meet-up pages as well as make the club website on Wild Apricot easier to understand and use.—Max Goldstein

Vice Commodore

We plan to continue our spring and fall Sailing Orientation Sessions, with classes for new members as well as topics for more experienced sailors. We will also reinstitute another club tradition of adding an educational component to the general meeting. Dick Linehan has a number of sailing videos to share, and we will also be inviting speakers from both in and outside of the club. We welcome all suggestions you might have for any of these initiatives. - Anne Ekstrom

Membership Director

Ben has done a wonderful job as Membership Director for the past two years and I have no doubt he will continue to bring in new faces as I assume that position for 2016. We have a great club. Let's all keep in mind that there are others who don't know about our club who could enjoy it as much as we do. If you know someone like that, bring them to a social on Thursday night so they can see what they've been missing.

I look forward to another year of working with all of you and more wonderful times together, - Susan Cohoat

SSSF Blue-Water Sailors

The definition for a Blue-Water sailor is a little loose. It generally defines a sailor who sails over the horizon and is at least a day's sail from land; not a sail to Bimini. At this point the sailor is self -reliant and does not expect aid in an emergency.

To promote the sailing aspects of our club, future issues will focus on a few Blue-Water Sailors in our club. Here is a partial list of the SSSF Blue-Water Sailors. (If your name is not on this list, please contact me with a brief sailing resume.)

Charles Biancardi James Bradford Larry Bryant Tom Crawford Stan DeKiel Kelly Dobbs Mike Efford John-Henry Falk Karen Foster Bill Hirsch Debi Hallmark
Richard Harper
Jane Haughian
Mary Ann Hernandez
Bill Hirsch
David Legrow
Dick Linehan
Karen Madison
Gary Mayes
Jim McBrayer

Bob Mifsud Ken Moreland Pat O'Brien Mike Sawzak Rudy Sprenger Ken Tafts Jay Thomsen Fred Van Everdingen Jerry Wasserman



Lighthouse Facts

A **lighthouse** is a tower, building, or other type of structure designed to emit light from a system of lamps and lenses and used as a navigational aid. Lighthouses mark dangerous coastlines, hazardous shoals, reefs, safe entries to harbors.

Lighthouses used to have a rotating lens which swept a sector of the area with a beam of light. From the observer's point of view, they would see a light flash on for a brief time followed by a longer period of darkness. In recent times, many Fresnel lenses beacons have been replaced by rotating aero beacons with a high intensity light.



Individual lighthouse and other navigational aids emit a variety of flashes and dark off times so the navigator reading the local chart can de-code which light he/she is viewing. For example, the entrance buoy to Port Everglades (Sea Buoy) emits a short flash followed by a long flash. This is Morse code letter "A".

Some lighthouses have sectors where the light is blocked so the observers in this sector can't see the light. And some lights have many sectors with white, green or red sectors. The white sector can indicate the main channel, while green indicates it is safe to proceed with caution and the red sector means danger, get off this course.

How far you can see out in the ocean depends on your elevation. If your are swimming in flat water, you can see about 1.2 miles. If you were standing at the top of a 100 ft. lighthouse, using the formula square root of the height of the observer by 1.23 miles you could see (square root of 100 = 10) 10×1.23 miles, you could see 12.3 miles.

If you were standing on the bridge of a trawler power vessel and your eyes are 20 ft. above the water, (square root of 20 = 4.5) $4.5 \times 1.23 = 5.5$ miles.

If you are on a club cruise to No Name Harbor on Key Biscayne you could see Fowey Rocks Light, which is 110 ft., at 12.3 miles plus 5.5 miles for a total of 17.8 miles. This assumes a clear, sunny day with no haze or water vapor. Also, refraction of the air can extend the range slightly. On the chart, Fowey Rocks is listed at 110ft with a range of 12 miles. This figure is for an observer in the water with no waves.



January Birthdays

Jim McBrayer - 1/3
Barbara Groh - 1/9
John Criso - 1/11
Rudy Sprenger - 1/17
Jean Deerrig-Heacox - 1/17
Christine Holod - 1/20
Joel Cook - 1/26
Don Himes - 1/27
Lenore Stern-Morris - 1/29



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General Meeting Video Presentations

Years ago, I subscribed to Sailing Quarterly VHS videos for a few years. Each tape contained a number of about 10 minute segments on some aspect of sailing. I have converted some segments to DVD.

In January's meeting, I will play "Heavy Weather Sailing" by Don Street. In the video, he demonstrates how to reef safely, how to ride through large waves, and how to deploy a Drogue.

Here are a few vocabulary words you may want to "GOOGLE" before the meeting to get more value from the video: Drogue, Rolling Hitch, Fisherman's Bend, a Bight, Towboat Hitch, Chafe, Chafe protection, Lying A-Hull, and Faking a line.



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Treasurer Jane Haughian <u>tresurersssf@sailingsingles.org</u>

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Wishing You and Your Family a fabulous Summer!

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